



A Rainbows Moment: Healing The Hurt, Restoring The Hope

Widowed Mom Turns To Rainbows To Heal Her Children's Loss



Our journeys in life can prove to be one of victories and hardships...of loving moments and daunting obstacles. Like many others, I planned my life to include all of the great things one could imagine, a fantastic career, wonderful husband and great kids. Never once imagining the acute, life altering event I faced on March 27, 2006. This is the day my husband and father of our four children died of complications related to Leukemia. On this day, a wonderful life was cut short and I was left a widow and single mother of four young children. Thrust into this new role of single parenthood and widowhood just one month shy of my 29th birthday, I was left clambering to decipher the emotions and grief of myself and our children. I was ill-prepared for the sudden change of my life.

I searched religiously to find something or someone who could relate and assist me and my children with adapting to our new lives without daddy. While perusing the Internet, I came across information related to an organization that specializes in grief support for parentally bereaved children. Rainbows! I initially called and was provided with condolences and informational brochures regarding children's grief and other helpful information. My children and I were referred to a group for parentally bereaved children. My children met other children who'd lost one or both of their parents. This, I believe provided a sense of normalcy to my children as they were able to interact with others who had experienced what they were currently experiencing. The group activities were focused on healing and the atmosphere was one of communion.

Four years later, 2010, my children are well-rounded. They are doing well both behaviorally and emotionally. I commend Rainbows for the wonderful work they do with parentally bereaved children and I always recommend others who have experienced this painful loss to Rainbows. They are always ready to act and provide the necessary information to promote healing and provide a successful transition for parentally bereaved children.

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