



Rainbows is committed to helping children and teens grieve and grow after loss.

Rainbows is the only international, not-for-profit organization that fosters emotional healing among children and teens who have experienced a significant loss, such as the death of a loved one, separation or divorce of their parents, or a myriad of other life-altering changes for crises.

We accomplish this mission by collaborating in neighborhoods with schools, faith communities, or agencies so they may offer grief support groups at their local site. Rainbows has developed an interactive, online Facilitator Training and age-specific programs with objectives and goals that will result in immediate and long-term benefits for the kids who participate. Our programs are time honored, award winning, and evidence-based.

We can provide flexible solutions to help you start Rainbows according to the needs of your school, faith community, or local agency.

This packet contains information on how to bring Rainbows programs into your community.

Contact Rainbows
Community Outreach Director, Bill Olbrisch at:
800-266-3206 X-321
bill@rainbows.org www.rainbows.org

Rainbows Programs Overview

Each age-directed program is comprehensive and effective for kids from 3 to 18 years. The Coordinator and Facilitator Modules outline the Aim and Rationale for each group meeting along with instructions on how to utilize the participant's journals and personal activities. Additional games, storybooks, keepsakes, and creative options have been designed to encourage the participants to feel comfortable in sharing their grief.

SunBeams -- Pre-school edition

Rainbows -- Elementary age edition

Spectrum -- Adolescent edition

Kaleidoscope -- College/ Adult edition

Prism -- Single & Stepparent edition

Silver Linings – Community Crisis Response Program

Rainbows Alumni – Re-entry Elementary edition

For more information about each specific program including a complete breakdown of Component Materials by Program and Levels, visit www.rainbows.org and click on the Programs tab.

Program Details

Elementary Age – Rainbows

Ages 5-13 years --- 12 Weekly Meetings

Tip: Meetings should be scheduled on a weekly basis.

After Meeting Weeks 6 and 12

"I Celebrate Me" Day --- each contains 4 additional Sessions.

Tip: If half day isn't practical –
STRETCH these sessions over additional weeks.

High School – Adolescent – Spectrum

Ages 14 – 18 years --- 12 Weekly Meetings

Tip: Meetings should be scheduled on a weekly basis.

After Meeting 12

"I Celebrate Me" Day – contains 4 additional Sessions.

Tip: If half day isn't practical –
STRETCH these sessions over additional weeks.

Tip: The **"I Celebrate Me" Day** " starts with three small group sessions. The last session is designed for all participants at a Site to meet as a large group. Parent(s) and/or caregivers can be invited to the last session, if desired.

Group Size

3-5 participants – preschool and elementary school

6-8 participants – high school

Meeting Length

Typically 30-60 minutes – depending on age level of participants.

Meeting Schedule – Weekly

Each Site determines their own schedule.

Schools – i.e. during academic day, before or after school, at lunch, etc.

Faith Communities and Agencies – after school, early evening, or weekends.

Rainbows Site Guidelines

A Rainbows Site may:

1. Decide and choose the number of groups they wish to offer:
 - One age level support group only
 - Combination of age level groups that best suit your needs.
2. Determine who will be your site's Facilitator(s) and Coordinator(s):
 - Only clinicians offer the program for one or multiple groups at your site
 - Invite other site personnel to be trained – in order to be able to offer the program to a larger number of children
 - A combination of site personnel and clinicians as Rainbows Facilitator(s) and Coordinator(s).
 - Requirement: Rainbows Facilitators must be 21 years of age.
3. Register all personnel who will be assisting the children and/or teens at your site for Rainbows Online Facilitator Training.
4. Order the materials you will need via the Rainbows Store at www.rainbowsales.org Click on the Programs tab to be sure you get everything you need including journals, games, storybooks, and keepsakes.
5. Expand your program by adding curricula, training additional Facilitators. Rainbows International Headquarters will continue to support your Site as needed.

How To Get Started

1. Decide on which Rainbows curricula and age group(s) you will assist. See page 2 for curricula details.
2. Discuss and decide who will be the staff personnel offering Rainbows, such as clinicians, educators, nurses, or other volunteers.
3. Secure partnership funding for your program needs – page 6.
4. Complete Rainbows Online Facilitator Training for yourself and other volunteers from your Site.
Online Facilitator Training includes:
Two weeks access to Online Training with interactive activities, streaming videos, Frequently Asked Questions feature, Rainbows Certification, free download of Rainbows Listening Manual, and CEUs / CPDUs (where applicable).
Online Facilitator Training = \$125.00 per person
5. Purchase a **Starter Pak** for your Coordinator / Program Manager.
Coordinator Starter Pak contains everything you need to organize and begin Rainbows including matching curricula materials as follows:
Self Training Coordinator Manual and Binder with Handouts, Forms, Site Support Handbook, Celebrate ME Day Idea Book, Facilitator Listening Manual, Facilitator Manual, I Need Somebody marketing DVD, Rainbows Tote Bag, *Healing the Hurt, Restoring the Hope*, by Suzy Yehl Marta, President and Founder of Rainbows, Brochures, and Posters.
Coordinator Starter Pak = \$80.00 per pak
6. If you will be offering more than one curricula, be sure to order the corresponding Coordinator Manual in addition to your initial Coordinator Support Pak. Go to www.rainbowsales.org to order through the Rainbows Store or check our Rainbows Order Form (found at www.rainbows.org – Programs tab).
7. Order participant materials. Use the Kit Guide on page 8 to be sure to get all the components you need for each curricula/level.
8. If you will have additional Facilitators at your Site, purchase a corresponding Facilitator Manual for each person trained
Additional Facilitator Manual = \$20.00 per Manual.

How can our site find funding for Rainbows?

If you would like to start SunBeams, Rainbows or Spectrum at your school, faith community, or agency, but you don't know where to get funding...try these ideas:

If your site is a school...

- PTO/PTA committees can hold a fund raising event to implement Rainbows. Some may already have funding that allows them to aid in implementing programs like Rainbows for their students.
- Research eligibility for grants (government, private or corporate) to obtain funding for Rainbows. Consider: www.schoolgrants.org
- Drug Free Monies (Title IV) are federal funds available to your school to help fund Rainbows. A grant writer must apply for these funds. Grants have been awarded all over the country because Rainbows is recognized as a preventive program.
- Your school may already have funds in its annual budget that allows them to provide their students with programs such as Rainbows that provide social-emotional learning opportunities.
- Write a letter asking for funding to your local bank and request CRM, Community Reinvestment Money
- Ask your local Funeral Home or other business to sponsor your Rainbows program.
- Request a family law firm or local divorce attorney to sponsor your Rainbows program.
- Apply for a Grant through your local Target Store – see the manager there and visit www.target.com for more details.

If your site is a faith community or agency...

- Local community organizations have funded Rainbows in the past. For example, (Lions Club, Kiwanis Club, Rotary, and local funeral homes, etc.). Local faith communities have used proceeds from bake sales, craft shows, and donations to fund Rainbows.
- If you are a Catholic facility, apply to the Raskob Foundation for Catholic Activities.

As a not-for-profit organization deeply committed to reaching as many grieving children as possible, Rainbows offers its programs below actual cost, thanks to the generosity of local and national donors.

Rainbows Program Partnership Fees

<p style="text-align: center;">Online Facilitator Training</p> <p style="text-align: center;"><i>Site Volunteers offering Rainbows must be personally chosen by the Site and complete Rainbows Online Facilitator Training.</i></p>	<p style="text-align: center;">Coordinator Starter Paks</p> <p style="text-align: center;"><i>To implement any Rainbows program, the Coordinator / Program Manager needs to purchase one Starter Pak per Site.</i></p>
<p>Online Training Includes: Two weeks access to Online Training with interactive activities, streaming videos, Frequently Asked Questions feature, Rainbows Certification, and CEUs /CPDUs (where applicable).</p> <p style="text-align: center;">TOTAL: \$125.00 per person</p>	<p>Includes matching curricula materials: Self Training Coordinator Manual and Binder with Handouts, Forms, Site Support Handbook, Celebrate ME Day Idea Book, (1) Facilitator Listening Manual, (1) Facilitator Component Manual, I Need Somebody marketing DVD, Rainbows Tote Bag, <i>Healing the Hurt, Restoring the Hope</i>, by Suzy Yehl Marta, Brochures, and Posters</p> <p style="text-align: center;">TOTAL: \$80.00 per pak</p>

The chart below outlines Rainbows Fees by Program and Level for implementing **ONE** Support Group.
We can customize your order according to your needs.
Please contact Bill Olbrisch at 800-266-3206 X-321 for assistance.

Program	SunBeams	Rainbows Level 1	Rainbows Level 2	Rainbows Level 3	Rainbows Level 4	Spectrum Level One	Spectrum Level Two
Ages	Pre – School	Elementary	Elementary	Elementary	Elementary	Adolescent	Adolescent
Serves 1 Group	5	5	5	5	5	8	8
TOTAL	\$389.75	\$87.25	\$105.25	\$91.00	\$138.25	\$161.20	\$131.20

Above pricing does not include applicable shipping and handling fees – see Order Form for details



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