

Rainbows Values

For over two decades, Rainbows has made a difference for grieving families. Did you know that Rainbows has assisted over 1.6 million children since we began in 1983? Rainbows guides a mighty army of over 32,000 volunteer Facilitators and Coordinators each beginning with Rainbows training given by over 300 Registered Directors worldwide. Here is the message each of our volunteers stands for:



We value the differences in today's families; there are nuclear families, adoptive families, and foster families, single parent families and stepfamilies.



We value all the differences in ourselves, specifically the divergent FEELINGS we may have regarding the changes in our family.



We value that there are no GOOD or BAD feelings - FEELINGS JUST ARE!!



We value that children/adolescents/adults need and deserve support while they cope with the emotions of grief from the death, divorce or other painful transition in their family.



We value that families change, but hope that with time, love and care they can be peaceful and loving again.



We value the feelings of all the members of our family, whether we live with them for not, and strive to keep lines of communication open.



We value ALL the memories we may have about our family - past, present and future - because they are what makes us as we are today.



We value LISTENING for feelings and asking questions when we do not understand something.



We value special OTHERS who we have come to trust, lean on and gain support from as we deal with these changes in our families.