

h
support
epp



“I never felt important before [Rainbows].”

— 7-year old boy

More than one million children each year are affected by divorce. More than one million children, by age 15, will have a parent die. Well over one million participants have experienced the benefits of Rainbows.

Rainbows is an international, not-for-profit organization that provides a healthy path toward healing to those grieving a loss or life-altering crisis. For more than 20 years, the power of its programming has helped children, adolescents, and adults cope with the emotional pain of divorce, separation, death, and other loss.

Through the support of people like you, Rainbows continues to extend its reach and strengthen its resources.

inspir
h
e
a
|



“My daughter and stepdaughter are involved in Rainbows. My wife and I have watched the girls get more in touch with their feelings and, as a result, we’re more in touch with our girls.”

Inspired by one mother’s vision of a place where her three sons could express the grief that came with their parents divorce alongside other young people in similar circumstances, Rainbows is now considered the largest nonprofit organization with a history of successfully restoring hope to those who have suffered the pain of loss.

People experiencing loss, especially children, need someone they can trust to offer guidance as they encounter the stages of grief. Since 1983, Rainbows has provided peer support programming that, through a culture of openness and acceptance, helps participants learn to better understand and express their feelings and begin to move toward emotional healing.

Designed for specific age groups, the success of the programs relies on a framework in which participants are grouped with their peers and are able to re-enroll again and again.

Child programming includes:

SunBeams – for children, age 3 and 4

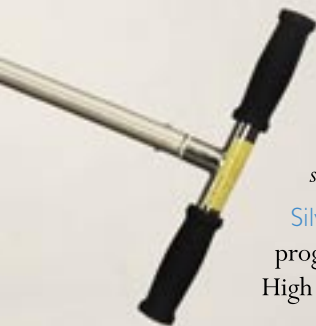
Rainbows – for children, from K to eighth grade

Spectrum – for adolescents, from 9 to 12th grade

Alumni – for children who wish to re-enroll in Rainbows

(Secular and religious curricula are available for elementary and secondary age participants.)

Silver Linings – a crisis response program for children, K through High School



Silver Linings supports counselors, volunteers, and relief organizations in need of additional tools to assist youths experiencing emotional turmoil due to a loss or a sudden crisis in their lives. Through Silver Linings, Rainbows provided resources to communities affected by the 9/11 attacks, and it continues to offer guidance, support, and programming to residents of the Gulf Coast recovering from the devastation of Hurricane Katrina.

Adult programming includes:

[Kaleidoscope](#) – for adults, college age and up

[Prism](#) – for single parents and stepparents

Agencies and institutions that range from schools and hospitals to social service agencies and faith communities make a commitment to implementing and operating Rainbows programming on site. Caring adult volunteers — hand chosen by personnel at each site — complete the Coordinator/Facilitator Training developed by Rainbows before leading a peer support group. Through these trainings, volunteers build the skills to appropriately offer support, understanding, and guidance to program participants.

Rainbows has made great strides in building partnerships that have enabled its programming to help improve the lives of close to two million participants. Still, much remains to be done.

Meeting the growing needs of children and adults struggling with loss depends on the continued efforts of volunteers, the ongoing collection of vital resources, and the consistent development of financial support.

[Please consider the ways in which you can help Rainbows continue to shine.](#)

We need your support

With programming that extends throughout the United States and onto four continents, the bridge that carries people from hurt to hope will grow stronger and stretch farther with the support of people like you.



Rainbows International Headquarters

2100 Golf Road, #370 • Rolling Meadows, Illinois 60008 USA

tel: 847.952.1770 or 800.266.3206 (USA & Canada) • fax: 847.952.1774

email: info@rainbows.org • web: www.rainbows.org